

# How to think about public libraries in active living

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PROGRAMS FOR ALL AGES



**LEARN. GROW. CONNECT.**

There are more

# PUBLIC LIBRARIES IN THE U.S.

than McDonald's restaurants or Starbucks.

And they're all unique

Local funds constitute 86% of all public library revenues



16,766



14,000+



13,279



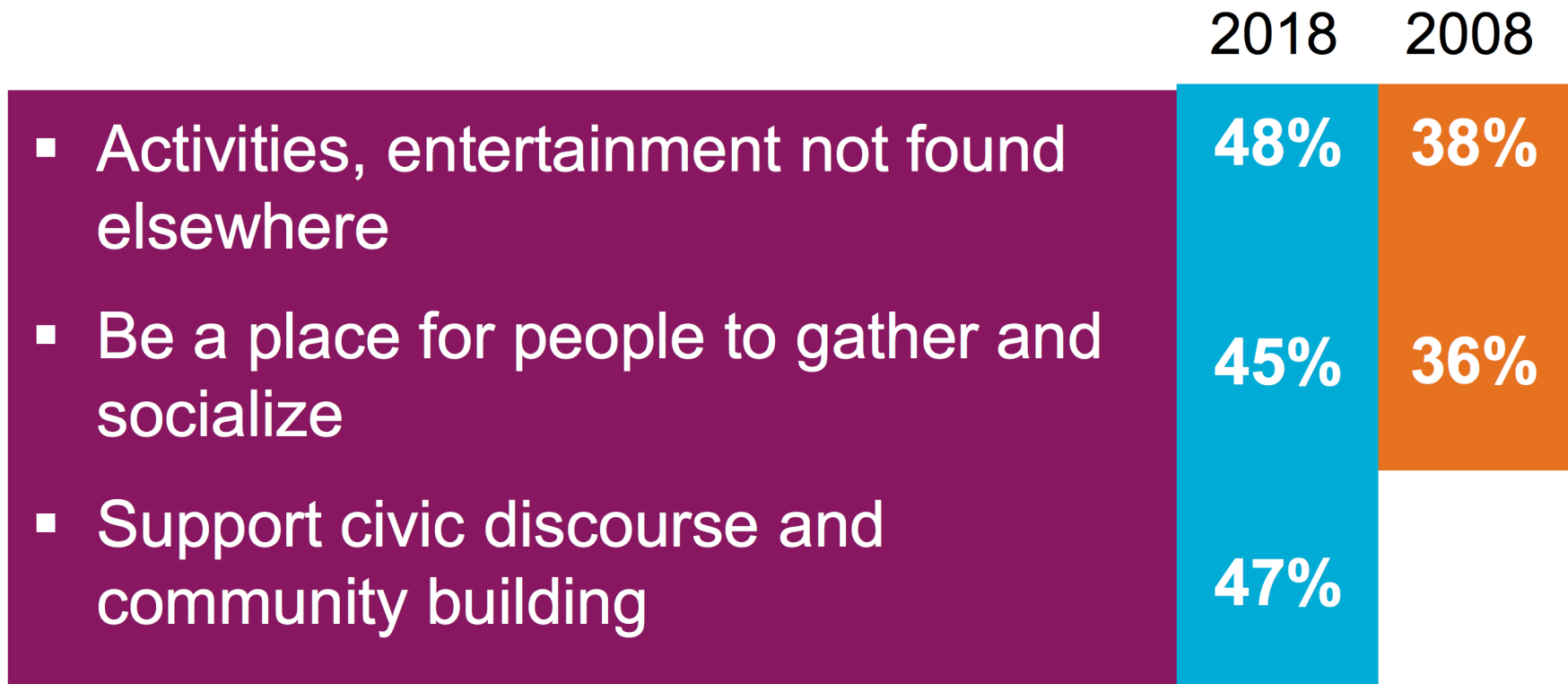


## In U.S., Library Visits Outpaced Trips to Movies in 2019

Of nine leisure activities, visiting a library is the one Americans did most frequently in the past year, followed by attending movies and live sportin...

[news.gallup.com](https://news.gallup.com)

# More voters today say it's important for the library to be a community hub.



American Library Association. (2018). *From awareness to funding: Voter perceptions and support of public libraries in 2018*. <https://bit.ly/2RKJSU4>

# LIBRARIES TRANSFORM

## Public libraries strengthen local economies.

- 84%** of libraries offer technology training to patrons in computer software use.
- 77%** provide online health resources.
- 60%** offer programs to help Americans identify health insurance resources and get better informed on health topics.
- 73%** provide programs that assist individuals to apply for jobs, create résumés, and prepare for interviews.
- 97%** help people complete online government forms.

## Public libraries are the place for lifelong learning.

- 95%** of libraries provide online homework assistance.
- 95%** offer summer reading programs for children.

## Public libraries create healthier communities.

- 59%** of libraries provide programs on finding health insurance.
- 58%** provide programs to help people find and evaluate health information.
- 23%** offer fitness classes.

## Public library access equals opportunity.

- 100%** of public libraries offer access to the internet.
- 98%** offer free Wi-Fi.
- 90%** help patrons with basic internet skills.
- 97%** help people complete online government forms.
- 90%** offer access to ebooks.

**23%** offer fitness classes.

American Library Association. (2019). *State of America's Libraries 2019*.

<https://bit.ly/2NPYSyl>

Data for this list was retrieved from the 2014 Digital Inclusion Survey. For more information about sources and citations, contact the ALA Library and Research Center at [alalibrary@ala.org](mailto:alalibrary@ala.org). Learn more at the [Libraries Transform](#) web page.





**PUBLIC LIBRARY**  
**SUMMER PROGRAMMING**  
**SURVEY**

*Most common partners*

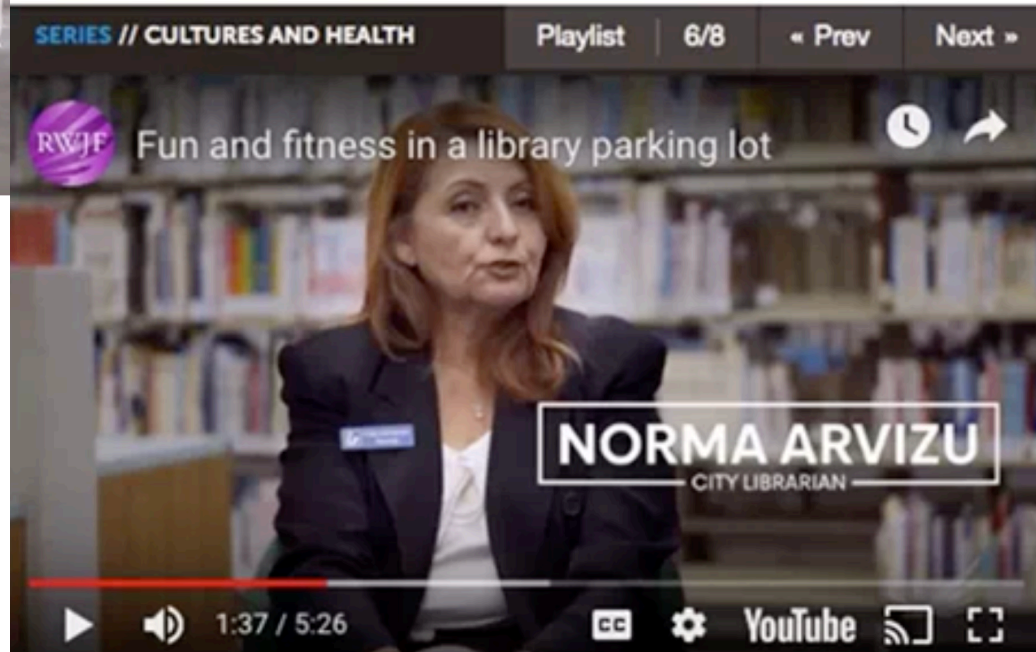
Library Journal. (2019). *Public Library Summer Programming Survey*. <https://go.aws/2uwxoqX>

	TOTAL
<b>Businesses</b>	85.5
<b>Parks/Nature centers</b>	40.2
<b>Museum(s)</b>	35.3
<b>Public/private schools</b>	24.9
<b>College/University</b>	10.4
<b>Other</b>	22.0



## Shared use of the library

Robert Wood Johnson Foundation. (2017). Achieving Health Equity: Fun and Fitness in a library parking lot.  
<https://www.rwjf.org/en/library/features/achieving-health-equity.html>



# Orange County POV



## Bike Repair Workshop at the library



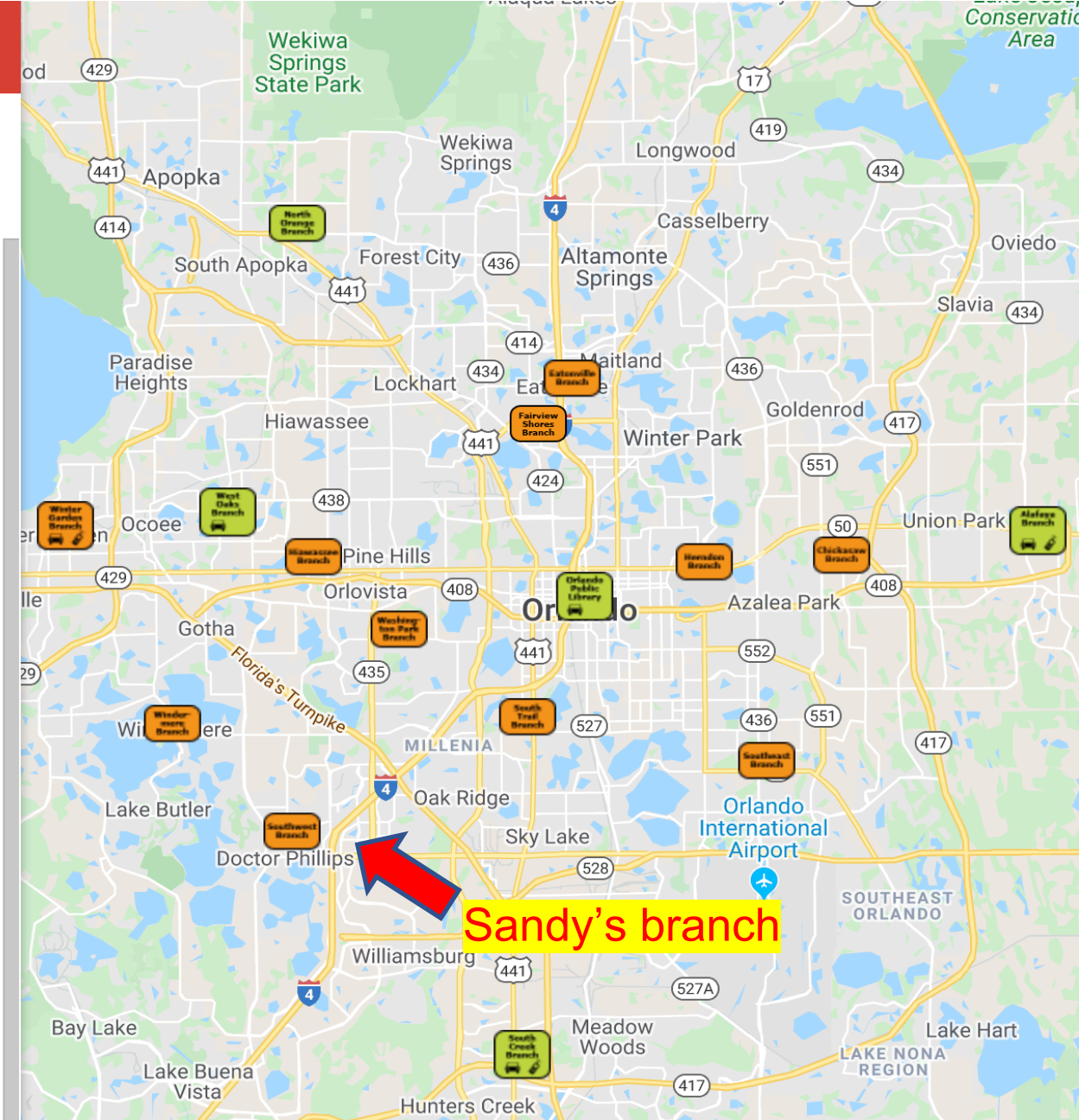




SHARE

Locations

- Alafaya Branch | Orange County Library ...
- Chickasaw Branch | Orange County Libra...
- Eatonville Branch | Orange County Librar...
- Fairview Shores Branch | Orange County ...
- Herndon Branch | Orange County Library ...
- Hiwassee Branch | Orange County Libra...
- North Orange Branch | Orange County Li...
- Orlando Public Library | Orange County L...
- South Creek Branch | Orange County Libr...
- South Trail Branch | Orange County Libra...
- Southeast Branch | Orange County Librar...
- Southwest Branch | Orange County Libra...
- Washington Park | Orange County Librar...
- West Oaks Branch | Orange County Libra...
- Windermere Branch | Orange County Libr...
- Winter Garden Branch | Orange County Li...





# Physical Literacy and Early Literacy





# Libraries are for **ALL** ages





We're still ALL ABOUT BOOKS



Nature Walk Book Club



But also so much more...





We bring people together





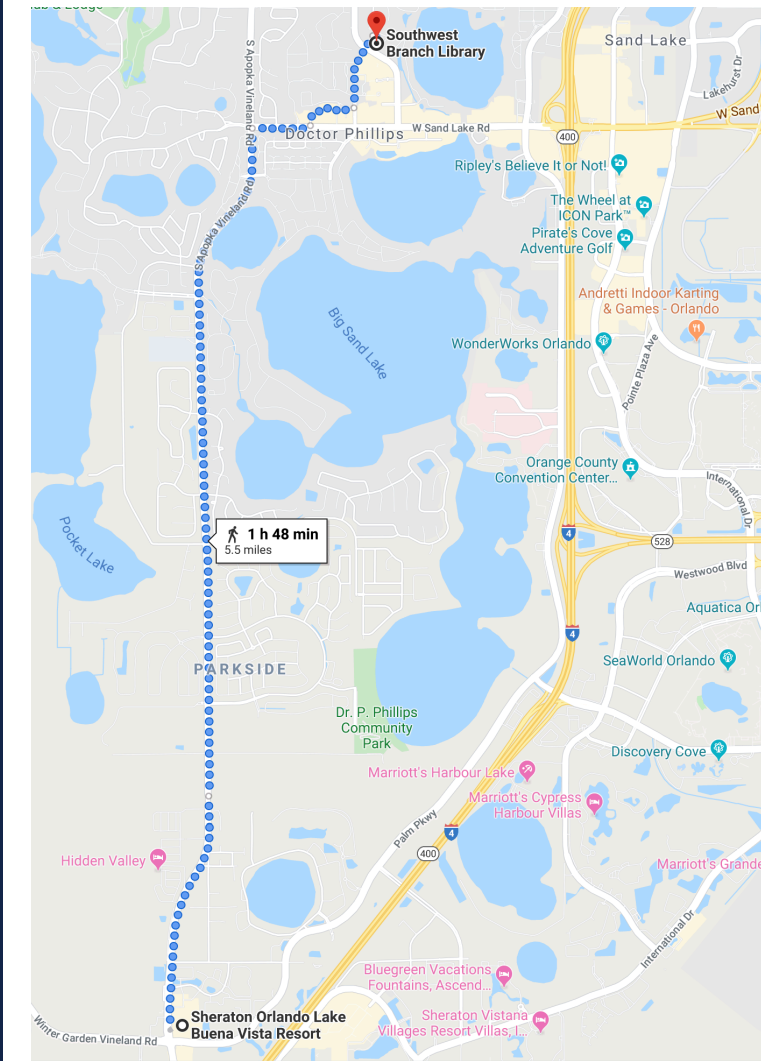
Are you excited to go to your library?!?



# Coming up next...



## Ageless Grace: Timeless Fitness for the Body and Brain



**Saturday, Feb. 15 2:00 P.M.**  
**SOUTHWEST BRANCH**

Experience simple, playful exercise based on the science of neuroplasticity! Learn tools that work on all five functions of the brain as well as primary physical skills needed to maintain or restore health as you grow older. Program is done sitting in chair in order to work the entire core of the body in a way that cannot be done standing. Led by certified Ageless Grace educators.

Registration required. For ages 18+

**LEARN. GROW. CONNECT.**

TO REGISTER | [OCLS.INFO](http://OCLS.INFO) | 407.835.7323



It's never too late to begin.  
It's never too early to start.

**agelessGrace**<sup>®</sup>  
Brain Health Program

Timeless Fitness for the Body & Brain<sup>™</sup>

Those needing special accommodations due to a disability may arrange for assistance by contacting the location at least 7 days prior to the event.



Department of Library and Information Science

[LetsMoveInLibraries.org](http://LetsMoveInLibraries.org)



## Next steps

- Incorporate public libraries into physical activity plans
- Find out what your local library is doing
- Talk to them about joining your work
- Add public libraries to active living research
- ***Join us*** in this work!

@LetsMoveLibrary |  
LetsMoveInLibraries.org



*Atlanta Mayor Keisha Lance Bottoms (center) at Summer at the Library kickoff, May 2019*

<https://bit.ly/2urzZCC>



# See you at the library!

NOAH LENSTRA

**HEALTHY  
LIVING**  
AT THE LIBRARY



PROGRAMS FOR ALL AGES



Let's Move in  
Libraries

Nashville Public  
Library (2018) *Be  
Well at NPL: A  
Health and Wellness  
Initiative of Nashville  
Public Library.*  
<https://bit.ly/38tqlsq>

